



Money & Relationships

Does "it" Sizzle or Sap yours?

So...
How True is it that
"Money Makes the World Go Around?"



01 The Sizzle

We yearn to love and be loved. Passion rocks...right?

While money is not the most important thing in the world, virtually everything we do costs money.

We want to get married, raise a family, own a home, own nice things, travel and set aside money for retirement and maybe even leave a lasting legacy for the future.

Yes. And those dreams takes money.

02 The Sap (ouch...)

So what do you do when your mate or significant other spends and saves differently than you do or there is a "money crunch" event, such as a job loss?

Can you talk calmly about it...or do the boxing gloves come out in full force?

Money stresses continue to be a HUGE relationship challenge - and the effects can be absolutely devastating!

Take a look below for some startling stats...



03 The Stats



80% of divorces are caused by money problems
43% of divorces cite spending and saving differences



At any given time, 35% of couples say they are experiencing some kind of money friction.



95% of couples admit they committed "FINANCIAL INFIDELITY", spending \$500 or more without telling their mate. 36% said they spend even more!



44% of people in the 44-54 age bracket say money is their biggest worry - OUCH!



75% of Americans are under money stress. 25% are under extreme financial stress. *

* American Psychological Society

04 So, Which are YOU?

HOT



VS

NOT



and...What can You Do about "IT" now?

Increase the SIZZLE

Think about and understand that most money decisions are made emotionally, not logically. YES, it's TRUE!

Commit to open discussion about your dreams, your goals, your challenges and how you will be successful.

Set up a budget that helps you achieve those goals - with rewards for milestones and so you can have FUN!

Stop the SAP

Notice if you retreat or get angry about how money is spent. Are you always worried about making ends meet?

Financial Infidelity** (hiding money or "spending in secret") is a quick way to destroy trust in any relationship.

If money challenges are threatening to ruin your relationship, please ask for help!

** See our post on the website



The SIMPLE Truth...

Money IS a major facet in ANY relationship BUT, money can only sap or damage yours if YOU let it.

Keep the Sizzle hot and your love Strong.

Talk openly, respectfully and often about your finances. Get help. Stay in Love.

05 The Solutions



Share openly and honestly
Dare to dream big
Be gracious with each other
Be your mate's biggest fan

Identify your goals
Set aside time to plan
Be realistic about them
Review and adapt as needed

Make your goals a priority
Commit to the plan
Make small steps daily
Have fun along the way

with Dollars and Good Sense...for a rock-solid Money Lifeplan

If you have questions or want to learn more about putting the money "sizzle" back in YOUR relationship,

Reach out to Debbie and the team at 1 Hour Impact...

And learn how SIMPLE, effective money solutions are just 1 Step, 1 Tool and 1 Hour (or less!) Away...with Dollars and Good Sense!

www.1hourimpact.com